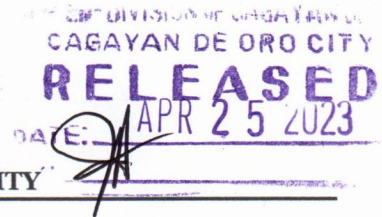




Republic of the Philippines  
**Department of Education**  
REGION X

**SCHOOLS DIVISION OF CAGAYAN DE ORO CITY**

**Office of the Schools Division Superintendent**



**25 APRIL 2023**

**DIVISION MEMORANDUM**

No. 172 s. 2023

**A TRAINING ON "PEER HEALTH NAVIGATION IN SCHOOLS AND COMMUNITIES WITH  
INTEGRATION OF COVID-19 UPDATES FOR THE YOUTH**

**TO:** Concerned Public Schools District Supervisors  
Concerned Division Nurses:  
Marie Nikki Jo M. Valmoria  
Amor C. Fajardo  
Pacili A. Yañez  
Concerned Secondary School Heads  
Concerned ARH Focals/Guidance Counselors from 12 Pilot Schools  
This Division

1. Relative to the effective implementation of Comprehensive Sexuality Education and Adolescent Reproductive Health Convergence (CSE-ARH) which goal is to decrease the teenage pregnancy in the Philippines, ReachHealth, in partnership with the Region 10 Population Commission will be conducting a training on "Peer Health Navigation in Schools and Communities with integration of COVID-19 updates for the Youth on April 29, 2023, 8:00AM to 5:00PM at Pearlmont Hotel, Limketkai Drive, Cagayan de Oro City.
2. The objective of the activity is to understand and learn how to install and rollout the peer health navigation program to pilot schools and communities.
3. Please refer to Attachment No. 1 for the list of participants. Letter from USAID ReachHealth is also attached for reference.
4. Teaching personnel who will attend the seminar during weekends will be given service credits while non-teaching personnel will be granted with non-monetary remuneration for overtime services rendered in lieu of overtime pay through Compensatory Time- Off (CTO) which shall be claimed in accordance with CSC/ DBM Joint Circular No. 2, series of 2004 after complying with all of the requirements.
5. In adherence to Equal Opportunity Principle (EOP), inclusive and fair treatment shall be accorded to all participants regardless of disability, sexual orientation, gender, age, religion, and ethnicity.



**Address:** Fr. William F. Masterson Ave., Upper Balulang, Cagayan de Oro City  
**Telephone:** (08822)-8550048  
**Email:** [cagayandeoro.city@deped.gov.ph](mailto:cagayandeoro.city@deped.gov.ph)

6. Immediate dissemination and compliance of this Memorandum is desired.

**ROY ANGELO E. GAZO**  
Schools Division Superintendent 

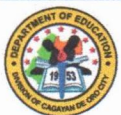
Encl. As stated

Ref. As stated

To be included in the Perpetual Index  
under the following subjects:

Adolescent Sexual Reproductive Health

NMV/DM-peer health navigation training  
April 25, 2023



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**LIST OF PARTICIPANTS**

Division Nurses

Marie Nikki Jo M. Valmoria

Amor C. Fajardo

Pacili A. Yañez

One (1) ARH Focal/Guidance Counselor from the 12 Pilot schools listed below:

Agusan National High School

Bulua National High School

Camaman-an National High School

Canito-an National High School

Carmen National High School

Cugman National High School

Gusa National High School

Iponan National High School

Lapasan National High School

Lumbia National High School

Mambuaya National High School

Tablon National High School



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April 3, 2023

**ROY ANGELO E. GAZO, PhD., CESO V**

*Schools Division Superintendent*  
Department of Education  
Division of Cagayan de Oro City

Attention: **Dr. Mark Meso**  
**Ms. Amor Fajardo, RN**

Dear **SDS Gazo**:

Warm greetings and welcome to Cagayan de Oro City!

The USAID ReachHealth is a five-year project that aims to strengthen and improve access to critical health services for Filipino families. The project aids Philippine communities to reduce unmet needs for family planning services and decrease teen pregnancy.

One of the strategies being taken to contribute to the goal of decreasing teenage pregnancy in the Philippines is the Comprehensive Sexuality Education and Adolescent Reproductive Health Convergence (CSE-ARH) that will strengthen the linkage of learners to adolescent sexual and reproductive health services. The CSE-ARH Convergence activities which started since April 2021 became a venue for institutional collaboration to fully support the Department of Education (DepEd) achieve its implementation of the policy issuance D.O. #31, series of 2018, titled, "Policy Guidelines on the Implementation of the Comprehensive Sexuality Education."

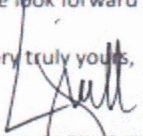
To further strengthen these efforts, ReachHealth, in partnership with the Region 10 Population Commission, will be conducting a training on "Peer Health Navigation in Schools and Communities with Integration of COVID-19 updates for the Youth" this April 29, 2023- Saturday, 8:00 to 5:00 (venue to be announced).

In this regard, may we request your good office to allow three key personnel from DepEd Cagayan de Oro SDO ARH focal persons **Amor Fajardo, Pacili Yanez, and Marie Nikki Jo Valmorla, and one Nurse/ARH focal person/guidance counselor from each of the twelve pilot schools** to join the said activity.

Kindly refer to the attached activity design and program for the details of the event. Please feel free to reach us through our Regional Technical Adviser, Ms. Lucille Galicha for any concerns and questions you may have. She can be contacted through her mobile no. 0916 543 3333 and email [lgalicha@ph-reachhealth.rti.org](mailto:lgalicha@ph-reachhealth.rti.org).

We look forward to your favorable response to this request.

Very truly yours,

  
**LADY JEDFELIZ C. MOLLEÑO, M.D., MPM**  
Regional Manager  
USAID-ReachHealth- Mindanao

**ReachHealth**

Improved Health for Underserved Filipinos.  
Family Planning and Maternal and Neonatal Health  
Innovations and Capacity Building Platforms (FP/MNH ICP)

Unit A-D, 16F, Streeta 2000 Building  
F. Ortigas Jr. Road, Ortigas Center, 1605  
Pasig City, Metro Manila, Philippines

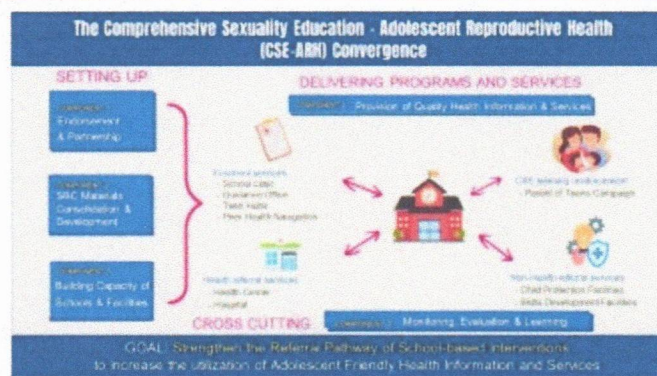


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#### PROPOSED PROGRAM FLOW

| Time                 | Activity                                                                                                                                                                                                                                                                                               | Methodology                                      |
|----------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------|
| 7:45 am to 8:15 am   | Registration of participants                                                                                                                                                                                                                                                                           |                                                  |
| 8:15 am to 9:00 am   | Preliminaries                                                                                                                                                                                                                                                                                          |                                                  |
|                      | o Setting the tone & Getting to Know You                                                                                                                                                                                                                                                               | Game                                             |
|                      | o Introduction of participants                                                                                                                                                                                                                                                                         | Plenary activity                                 |
|                      | o Setting of expectations & presentation of learning objectives                                                                                                                                                                                                                                        | Workshop                                         |
|                      | o House Agreements                                                                                                                                                                                                                                                                                     | Workshop                                         |
| 9:00 am to 9:30 am   | Session 1: Values Clarification<br>o Activity #1                                                                                                                                                                                                                                                       | Structured Learning Experience, Processing       |
| 9:30 am to 10:30 am  | Session 2: The Big "Why" in Implementing Health Programs and Services for Adolescents<br>o Knowing our target audience<br>o Desired behavior goal                                                                                                                                                      | Structured Learning Experience, Processing       |
| 10:30 am to 12:00 nn | Session 3: Our proposed solutions – SBC Products and Provision of Health Services for Teens<br>• The I CHOOSE & BIDA Kid campaign, online platforms, and SBC materials for offline activities<br>• Health Services in Adolescent Friendly Facilities<br>• Peer health navigators as health influencers | Video showing<br>Input-discussion<br>Processing  |
| 12:00 nn to 1:00 pm  | LUNCH                                                                                                                                                                                                                                                                                                  |                                                  |
| 1:00 pm to 3:00 pm   | Continue session 3<br>• Steps in setting up peer health navigation program in schools and communities                                                                                                                                                                                                  | Group workshop<br>Input-discussion<br>Processing |
| 3:00 pm to 3:45 pm   | Session 4: How do we monitor and document our Key Activities and Achievements                                                                                                                                                                                                                          | Input-discussion                                 |
| 3:45 pm to 4:30 pm   | Session 5: Making our Rollout plan                                                                                                                                                                                                                                                                     | Group presentation<br>Processing                 |
| 4:30 pm to 5:00 pm   | Closing and next steps                                                                                                                                                                                                                                                                                 |                                                  |





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HEEADSSS Trial run. To build the capacity of schools in promoting adolescent health information and delivery of clinic services, we are introducing a program called peer health navigation in schools. This is one of the key activities in establishing CSE ARH Convergence in schools. It also will provide students good opportunities to participate in health promotion activities and active referral of their peers to needed health services whether on-site or virtually.

With this, USAID ReachHealth proposes to conduct a one-day training workshop on "How to Install Peer Health Navigation Program in Schools and Communities on **April 29, 2023**. Target participants are the following: DOH-CHD 10 AHD/FP focal, POPCOM 10 AHD focal persons, DepEd Region 10 (nurses/ARH focal), DepEd Cagayan de Oro City-SDO nurses, Cagayan de Oro CHO AHD Coordinator, CDO Community Improvement Division-Oro Youth Center, Misamis Oriental Provincial Population Officer, Misamis Oriental DepEd AHD Focal Person, and AHD focal persons from the twelve pilot schools. An additional key feature of this activity is the integration and updates on the Covid-19 BIDA Kid campaign and SBC materials.

**General Objective: To understand and learn how to install and rollout the peer health navigation program to pilot schools and communities.**

**Specific objectives:** At the end of this activity, the participants are expected to:

1. Identify their values in engaging young people and their position to critical teen issues.
2. Unpack and better appreciate the new concept of peer health navigation integrating it in school health programming.
3. Learn the I CHOOSE and BIDA Kid campaigns and SBC products to be used in schools and communities.
4. Understand better the referral pathways from school to communities.
5. Identify ways on how to monitor and document efforts on peer health navigation.
6. Draft indicative timelines for the roll-out of setting up the peer navigation system in schools and communities.
7. Learn more on Covid-Updates for them to share to their fellow youths.

**TARGET PARTICIPANTS:**

- DOH-CHD 10 AHD/FP focal (Regional) (2 participants)
- POPCOM 10 AHD focal (2 participants)
- DepEd Region 10 - Nurse/ARH focal – (2 participants)
- DepEd Cagayan de Oro City Division-SDO (2 participants)
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- Pilot school ARH Focal/Nurses (1 participant from each school)
  - Bulua National High School
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## ACTIVITY DESIGN

### Training Workshop on How to Install Peer Health Navigation Program in Schools & Communities (Integrating Covid-19 messages)

#### RATIONALE:

The Comprehensive Sexuality Education – Adolescent Reproductive Health (CSEARH) Convergence is a flagship program intervention on adolescent health that utilizes a whole of government approach for resource sharing, and program complementation in addressing the prevention of unplanned teenage pregnancy in the Philippines, among relevant key government agencies, CSOs and development partners across different levels at the national, regional, and LGU. On 06 October 2021, Department of Education Joint Memo no. 003, s. 2021 was issued enjoining all RDs, Schools Division Superintendents, Public School District Supervisors, Principals and School Heads ARH and CSE Focal Persons and all others concerned to implement CSE-ARH Convergence nationwide.

In Region 10, one of the pilot LGUs that met the selection criteria is Cagayan de Oro City, which is also a USG-assisted site of ReachHealth. Hence, technical assistance was extended by USAID ReachHealth Mindanao Office by initially organizing collaborative activities and workshops with the relevant regional and local stakeholders in Northern Mindanao. In Cagayan de Oro City, twelve (12) pilot schools and strategic referral health facilities were duly selected (please see table below).

| Pilot schools                       | Referral health facilities |
|-------------------------------------|----------------------------|
| 1) Bulua National High School       | Bulua Health Center        |
| 2) Iponan National High School      | Iponan Health Center       |
| 3) Canitoan National High School    | Canitoan Health Center     |
| 4) Carmen National High School      | Carmen Health Center       |
| 5) Lumbia National High School      | Lumbia Health Center       |
| 6) Mambuaya National High School    | Mambuaya Health Center     |
| 7) Cugman National High School      | Cugman Health Center       |
| 8) Gusa National High School        | Gusa Health Center         |
| 9) Tablon National High School      | Tablon Health Center       |
| 10) Camaman-an National High School | Camaman-an Health Center   |
| 11) Agusan National High School     | Agusan Health Center       |
| 12) Lapasan National High School    | Lapasan Health Center      |

The higher-level referral facilities identified are Northern Mindanao Medical Center (NMMC) and J.R. Borja (JRB) General Hospital.

To further enhance the capacity of health facilities and schools, the following series of activities were conducted: training on ADEPT for health service providers, rollout orientation on CSE ARH Convergence integrating the teen campaign & SBC materials on I CHOOSE, Rapid HEEADSSS Regional training and Rapid



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April 3, 2023

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Attention: **Dr. Mark Meso**  
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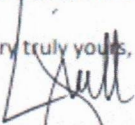
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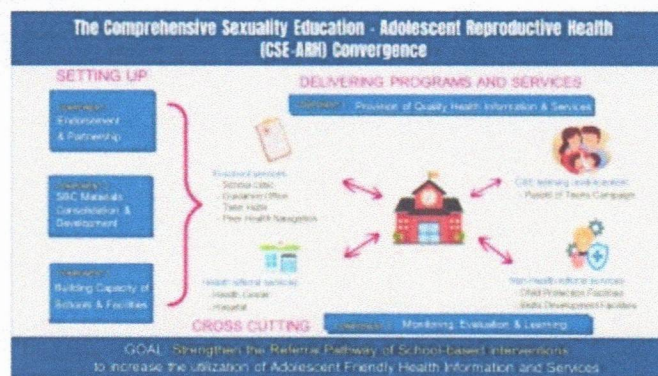


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